



**P.A.C.S.**

Post Adoption Central Support is supported by  
Clackmannanshire Council, Falkirk Council and Stirling Council

**PACS NEWSLETTER – May 2010**

Dear PACS members

Please find information about two forthcoming events:

**FOETAL ALCOHOL SYNDROME AND DRUG AFFECTED CHILDREN  
ADOPTION UK WORKSHOP  
EDINBURGH, SATURDAY 12 JUNE 2010**

**A ONE DAY TRAINING WORKSHOP FOR KINSHIP CARERS, ADOPTIVE PARENTS  
AND FOSTER CARERS**

#### **Workshop objectives**

This workshop has been developed at a time when there is rising concern about the effects on children of parental substance misuse during pregnancy. It aims to provide information on the physical, cognitive and behavioural effects on children born to parents misusing drugs and alcohol, and the possible long-term implications. The workshop explores how harm caused by such substance misuse continues to impact on children's development even when they are placed with adopters, foster carers or kinship carers.

The workshop material provides comparisons with other disorders as well as highlighting links with trauma and attachment difficulties. A key objective of the workshop is to enable participants to develop more effective strategies when caring for children affected by parental substance misuse. Such strategies may be useful at home, at school and in the community. Information is provided on resources, support and therapy.

#### **Method of delivery**

This workshop is participative and interactive, balancing theory with practical exercises. It provides participants with the opportunity to consider how they can put their learning into practice. There are places for up to 16 participants.

#### **Trainers**

All Adoption UK's experienced trainers are adoptive parents providing a unique perspective into living with hurt children. They come from a variety of backgrounds and all have completed an Adoption UK training for Trainers programme.

**PACs will pay for its members to attend the workshop. Could you please let me know by Friday the 28 of May at the latest if you are interested. Further details about the venue will be given nearer the time. A light lunch and workshop materials will be provided**

**SCOTTISH ATTACHMENT IN ACTION ANNUAL CONFERENCE AND AGM  
HOSTED BY ADOPTION UK**

**FRIDAY SEPTEMBER 10 2010  
INCHYRA GRANGE HOTEL FALKIRK  
9.30 – 4.30**

This conference brings together four renowned experts in the field of relational development and growth. They will explore 'why attachment matters' from birth onwards. The speakers will offer current information on how attachment theory and research informs our understanding of practice, and practical and therapeutic support for children and adults.

- **Alan Sinclair, Visiting Fellow The Work Foundation**  
The political Economy of Attachment
- **Phil Wilson, General Practitioner and Senior Research Fellow**  
Infant Mental Health: What's Counted Counts
- **Sally Wassell, Independent Social Work Consultant**  
Ghosts in the Nursery: The implications of Adult Attachment
- **Dan Hughes, Clinical Psychologist and originator of Dyadic  
Developmental Psychotherapy**  
Trauma and the Road to Recovery

The first AGM of Scottish Attachment in Action will be held during the lunchtime break. All members are encouraged to attend.

**PACS will pay for the cost of this conference. Please let me know if you would like to attend by Monday the 5<sup>th</sup> of July at the latest, and any dietary requirements.**

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