



P.A.C.S.

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## **PACS Newsletter March 2008**

In this Newsletter please find information about two interesting workshops, **for which PACS will pay the cost**, and the PACS AGM.

### **A DAY WITH DAN HUGHES**

**Date:** Monday 26 May 2008 **Venue:** AK Bell Library, York Place, Perth PH2 8EP

**Time:** Registration is at 9.30 for a prompt 10am start

This Seminar is coordinated by Aberlour National Parenting Development Project, Crossreach Ballikinrain School, Edwina Grant (Independent Chartered Psychologist) and Adoption UK.

#### **About Dan**

A one day seminar with Dr. Dan Hughes, Clinical Psychologist from Maine, U.S.A, originator of Dyadic Developmental Psychotherapy, internationally acclaimed therapist and author of three ground breaking books on attachment and emotional recovery. Dan has integrated recent research in the areas of neurobiology of trauma, early child development and attachment theory to produce a therapeutic approach that assists professionals to understand and effectively support the healing of vulnerable children and young people. DDP recognises the vital role which adoptive parents, foster carers and residential workers play as primary attachment figures in the recovery of traumatised, attachment-resistant children.

#### **Who is this seminar for?**

This seminar is primarily for adoptive and foster carers who are caring for children traumatised by abuse and neglect. There are also some places available for professionals.

#### **Seminar description**

Dan will talk about the theory and practice of Dyadic Developmental Psychotherapy, speak of recent research validating the effectiveness of this approach and have conversations with the audience with a question and answer session.

Dan is always a very popular presenter and his workshops are over subscribed. PACS has been allocated 6 places and we need to book these very quickly, a case of first come first served. **So please let me know as soon as you receive this Newsletter, and at the latest by Monday 7<sup>th</sup> April if you would like to attend.** Email or phone me ( if my answering machine is on please give your name and phone number slowly and clearly)

**PARENTING ADOPTED TEENAGERS – ADOPTION UK TRAINING WORKSHOP**

**On: Saturday 19 April 2008 in Glasgow and  
Saturday 7<sup>th</sup> Jun 2008 in Perth**

This workshop is designed to support and empower parents in understanding and addressing the emotional and practical challenges often experienced by adopted and fostered teenagers. It increases awareness of general adolescent development and the search for identity which can be particularly difficult for adopted and fostered teenagers. It highlights the warning signs that suggest serious emotional or behavioural difficulties. This workshop is delivered by Adoption UK trainers, all of whom are adoptive parents.

Please let me know again by the **7<sup>th</sup> of April** if you would like to attend. Further details of venue and time will follow.

For both the above workshops it would be helpful to know if you have special dietary or other requirements, and if you are a member of Adoption UK.

### **PACS AGM**

This will be held on Wednesday the 23 of April at 7.30 pm at the Logie Kirk Hall, Alloa Road, Causewayhead, Stirling, FK9 5LH, in the Ferguson Room. We are very keen to have your views on what you think about PACS support services, and developments you would like to see. We do hope you can come.

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