



P.A.C.S.

Post Adoption Central Support is supported by
Clackmannanshire Council, Falkirk Council and Stirling Council

PACS NEWSLETTER – May 2011

Dear PACS members

Please find some information about two forthcoming events and a new publication by PACS.

Invitation from G,A,P – Group for adopted people

Tuesday 14 June 2011, 7.30 – 9pm

RAPLOCH COMMUNITY CAMPUS – Room 1

Drip Road, Stirling, FK8 1SD



G.A.P. www.gapscotland.org.uk is a group of adopted people in central Scotland who meet on a regular basis in Stirling to discuss and explore issues around adoption for adoptees - their coordinator is Jan Morris. PACS and Adoption UK members have met with G.A.P previously. We found shared interests between adoptive families and adult adoptees such as the amount of background information available, help with tracing, experiences of letter box and/or face to face contact, post adoption support/services and the life long experience of adoption. Additionally now is a time of major change in adoption with new developments under the Adoption and Children (Scotland) Act 2007, such as post adoption support provisions and the impact of social networking on adoption and fostering.

As these meetings proved very interesting and helpful in learning from each other G.A.P. is extending an invitation to members of PACS and Adoption UK to join them for an informal evening of discussion and ideas sharing about different angles of adoption and they hope very much you will be able to attend. Light refreshments will be provided. For catering purposes it would be very helpful if you could please let me know as soon as you can and no later than **8 June 2011** if you can participate. If you decide at the last moment that you can come, please just turn up. There is ample car parking facilities at the side of the building.

**Scottish Attachment in Action Annual Conference & AGM - Hosted by Adoption UK
'WHY ATTACHMENT MATTERS – PLEASE TOUCH'**

Friday September 9th, 2011 9.30 – 4.30 – SAIA AGM 3.30pm

Glasgow Marriot Hotel, 500 Argyle Street, G3 8RR

This conference brings together two renowned experts in the field of relational development and growth, Dan Hughes and Laura Steckley. Dan and Laura will explore the controversial issues of touch and containment in caring for, and therapeutic working, with children and young people in residential, foster and adoptive care.

LAURA STECKLEY holds a BA in political science and philosophy from the University of Colorado, Boulder, and an MSc in Advanced Residential Child Care from the University of Strathclyde. Laura co-authored/co-edited *Holding Safely: A Guide for Residential Child Care Practitioners and Managers about Physically Restraining Children and Young People*. She has published on the subjects of physical restraint, touch, care ethics, research ethics with children, and the therapeutic use of activities.

DAN HUGHES is an internationally acclaimed therapist (DDP), trainer and author of three ground-breaking books on attachment and emotional recovery. DDP recognises the vital role which adoptive parents, foster carers and residential workers play as primary attachment figures in the recovery of traumatised, attachment-resistant children. Dan has been a regular visitor to Scotland since 2004, his training and presentations are inspirational and highly valued by professionals and parents alike.

PACS will fund attendance of its members for this conference. Could you please let me know by **June 30 2011** if you wish to attend and if you have any dietary requirements.

A Day with Dan Hughes

Saturday 25 June 2011
10am to 4pm
Renfield St. Stephen's
260 Bath Street, Glasgow G2 4JP

Adoption UK is delighted to be hosting this event as part of our 40th anniversary celebrations. Dr Dan Hughes will speak about his principles of PLACE, being playful, loving, accepting, curious and showing empathy when parenting a child that hurts. Finding ways of developmentally re-parenting children who have experienced early trauma as a result of loss, neglect and/or abuse will also be explored. There will also be group discussions, and a question and answer session during the day.

Dan is a Clinical Psychologist who specialises in working with traumatised children and those who care and work with them. Dan is the originator of Dyadic Developmental Psychotherapy, a relational therapy that integrates research in the areas of the neurobiology of trauma, early child development and attachment theory.

Please let me know by June 13 2011 at the latest if you wish to attend and any dietary requirements.

Go Away People – Encounters in daily living with looked after and adopted children and young people with attachment issues

Following previous successful publications by PACS a new booklet is out in 2011 based on an attachment perspective. Contents include: important underlying forms of behaviour, common difficulties in daily living, case studies, useful things for carers to remember and getting help. The booklet will be sent to you in the next PACS Newsletter.

Best regards

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